



# Flagstaff Oval Kindergarten Update

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Issue 1, Term 4.

## ISSUES OR CONCERNS.

Please make sure that if you have any concerns or issues arise that you make a time to chat with myself or a member of staff. We are here to help your child to be the best they can be and to do that we need to work together.

Welcome back to the last term of 2018. We trust you had some down time in anticipation of a very busy term ahead. Our focus this term is on mindfulness and interoception, helping children to regulate their emotions as they prepare for transition into school. This term is generally one in which children experience heightened levels of anxiety and excitement as they anticipate their transition to school and what it might mean for them and their families. It is important for families to maintain a consistent and even approach to issues that arise as children will be looking to parents/caregivers for support and guidance. Please make a time to chat with staff if you have any concerns or need support during this time.

Staff will be building on and consolidating prior learning that has occurred throughout the year as well as supporting children to continue to explore and grow new concepts. This term we: commence our sun safe programme, have a visit from a police horse, will experience chickens hatching in week two, visit to the local tennis courts for some ball skills, enjoy a disco and our end of year Christmas celebration. We will continue with our parent cooking roster and if you have any skills or ideas you would like to share with us we would love to hear from you.

**Sun safe Policy.** A reminder that this term we commence our 'Sun Safe Policy' with the wearing of hats for outside play. Please remember to place sunscreen on your child prior to coming to kindy and staff will support children to reapply at lunch time. Also a reminder that children need to bring drink bottles with water to kindy to support our focus on encouraging children to drink water as part of a healthy body and mind.

**CAHFS checks.** This term is the last opportunity for families to have their CAHFS checks at kindy. The next screening day will be Monday the 5<sup>th</sup> of November. Please see Rosalie if you have not yet had a check and would like one.

Please make sure you put the Diary Dates in your diary so that you can keep track of what is happening this term.

**Research project:** Staff will be involved in a research project over the next couple of weeks run by Charles Sturt University looking at 'Exemplary Early Childhood Educators at work' as we are one of only 600 sites nationally out of approximately 10500 sites to receive an Exceeding rating across all areas of the 'National Quality Standards'. This means that staff will be doing time samples on their phones and will have access to their phones during the day for approximately 10 days.



Each child is in the process of decorating a tile to place on our external wall for prosperity. We can't wait to see what they look like when they are done.

## **Diary Dates:**

**Police horse visit: Thus 18<sup>th</sup> Oct**

**Transition to kindy starts: Fri 19<sup>th</sup> Oct**

**Henny Penny Hatching: Mon 22<sup>nd</sup> Oct –**

**Tennis Court visit: Fri 26<sup>th</sup> Oct/Fri 2<sup>nd</sup> Nov**

**Closure day for staff Training: Thurs 1<sup>st</sup> Nov**

**CAHFS Checks: Mon 5<sup>th</sup> Nov**

**Kindy Disco: Thurs 15<sup>th</sup> Nov**

**Christmas Celebration: Thur 6<sup>th</sup> Dec 5:30 to 7pm**

**Last day of term: Thursday 13<sup>th</sup> Dec**

Warmest regards: Meegan, Sue, Ruth, Kerry, Rosalie, Jo, Krysten, Monica, Sue L and Nikki.